



# COOPERATIVE EXTENSION

## UNIVERSITY OF DELAWARE College of Agriculture & Natural Resources

### NEW CASTLE COUNTY

### NOVEMBER 2009

Fall has arrived! Enjoy our resources to help your family. Don't miss our new Master Gardener workshops for autumn. Children of all ages can join a 4-H club. Child care classes, financial advice, car seat checks, and food safety training complete the offerings this month. Lots of fun to choose from, & many learning events to help you improve your life!

UD Cooperative Extension is here to connect the public with university knowledge, research and resources to address youth, family, community, and agricultural needs. We have Extension Educators in Family and Consumer Sciences, Horticulture, Traffic Safety, Agriculture, and 4-H Youth Development available to answer your questions and assist you.

Fax or mail in the card below to the NCC Extension Office to learn more about how you can put education to use, or if you would like to receive this monthly mailer.

*Maria R. Pippidis*

Maria Pippidis, County Director

Extension Educator, Family and Consumer Science

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 	2	3 	4 	5 	6	7 
8	9	10	11	12 	13 	14
15	16 	17	18 	19	20	21
22	23	24	25	26 <b>Thanksgiving</b>	27	28
29	30					

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Yes! My family and I want to learn more about Cooperative Extension programs in New Castle County! Please send me information in the program areas I have checked below:

- |   |   |  |
|---|---|--|
| <input type="checkbox"/> Child Care Provider Classes  | <input type="checkbox"/> Financial Management   | <input type="checkbox"/> Master Gardener Training  |
| <input type="checkbox"/> Home Lawn & Garden Workshops | <input type="checkbox"/> Commercial Agriculture | <input type="checkbox"/> Traffic Safety            |
| <input type="checkbox"/> School Gardening Programs    | <input type="checkbox"/> 4-H Youth Development  | <input type="checkbox"/> Food Safety and Nutrition |
| <input type="checkbox"/> Dining With Diabetes         | <input type="checkbox"/> 4-H Afterschool        | <input type="checkbox"/> Composting                |

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Daytime Phone Number \_\_\_\_\_ E-mail \_\_\_\_\_

## U OF D COOPERATIVE EXTENSION OFFICE—SCHEDULE OF EVENTS

### NOVEMBER 2009

- ◆ **11/3—What's all the Fuss about Eating Whole Foods?**—7:00-8:30 pm. Kirkwood Library. Cost: Free. Call 302-995-7663 to register.
- ◆ **11/3—Growing Your Own Food**—Interested in bringing food to your table from your own backyard? This workshop will give you an overview of what it takes to start a vegetable garden and the basics of maintaining the garden. Sponsored by NCC Libraries; part of the Third Annual Let's Talk About series. Cost: Free. 3:00 pm. Hockessin Library. Call 302-571-7426 for more info.
- ◆ **11/4—What's all the Fuss about Eating Whole Foods?**—1:00-2:30 pm. Bear Library. Cost: Free. Call 302-838-3300 to register.
- ◆ **11/4—Growing Your Own Food**—See description above. Cost: Free. 2:00 pm. Brandywine Hundred Library. Call 302-571-7426 for more info.
- ◆ **11/5—Pollinator Power**—How did your garden grow this year? A so-so performance may mean you need the additional assistance of nature's pollinators – hummingbirds, bees, bats, butterflies & beetles. Learn how pollination takes place & how to attract beneficial native pollinators to your home garden. In return, you may be rewarded with increased yields from your vegetable and fruit crops. Also, discover how to help bolster our native bee colonies by creating a winter home from a bundle of common reeds or by building a bee box. Lead Instructor: Peg Baseden. Cost: \$15. 7:00-9:00 pm. NCC Extension Office. Call 831-2506 to register.
- ◆ **11/10—On-Farm Delaware Food Safety Training for Small Produce Growers– Level I Certification GAPs/GHPs**—Tour local farm operation and learn about designing & implementing GAPs/GHPs for your farm. After attending session, growers will receive a Level 1 Produce Food Safety Certification. Cost: Free. 9:00 am-2:00 pm; lunch provided. Filasky's Produce, 1343 Bunker Hill Road, Middletown, DE. Registration is required. Call 831-2506 to register or for more info.
- ◆ **11/11—ServSafe Food Safety Training**—One-day class. Food safety training designed for the food-service professional. Fee includes training, textbook, lunch & certification examination from NRAEF, National Restaurant Association Educational Foundation. 9:00 am—5:00 pm. NCC Extension Office. 8 credit hours. Cost: \$145. Call 831-2506 to register at least three weeks in advance. Textbooks will be mailed after payment is received. <http://ag.udel.edu/extension/fnutri/pdf/SafeServ.pdf>
- ◆ **11/12 — Debtor Education** — Designed to meet the needs of those individuals who have filed for bankruptcy and are required to attend a debtor education course. Cost: \$40. 1:00 pm—4:00 pm. NCC Extension Office. Call 831-2506 to register.
- ◆ **11/13—Using a Pressure Cooker and Crock Pot to Save Time and Money**—1:00 pm. NCC Extension Office. Preregistration required. Cost: Free. Call 831-1239 to register.
- ◆ **11/16—Afterschool—Program Management** - Participants will move through a carousel of 10 self-directed mini-centers to learn best practices in classroom management. Learn new methods of presenting activities through use of stations, grouping of children, & interactive strategies to implement in your program. Last offered: Spring 2009. Provides 1 credit hour in Child Development & 1 credit hour in Developmental Curriculum Planning. \$12. 6:30–8:30pm. Call 831-1239 to register.
- ◆ **11/16—GAPs/GHPs for Packers & Shippers, Farm Food Safety Plans & Third Party Audits** - Cost: Free. 9:00 am-1:00 pm with lunch provided. Site to be determined. Registration is required. Call 302-831-2506 to register or for more info.
- ◆ **11/16—Food Safety Plan writing segment (Optional)**—Following the above Level 2 workshop, those interested can participate in a food safety plan writing session. Develop a Farm Food Safety Plan; learn about third-party food safety audits & how to be prepared. Transportation not provided. 2:00-5:00 pm. NCC Extension Office. Cost: Free. Registration is required. Call 831-2506 to register or for more info.
- ◆ **11/17, 18 & 19—The 15<sup>th</sup> Annual Crop Management School** – Princess Royale Hotel & Conference Center, Ocean City, MD. School offers 2½-day format with variety of break-out sessions. Individuals needing training in soil & water, nutrient management, crop management, & pest management can create their own schedule by choosing from 5 program areas offered each hour. Emphasis is placed on new & advanced information with group discussion & interaction encouraged. Registration fee \$220, due by Nov. 11, 2009. Visit [www.md crops.umd.edu](http://www.md crops.umd.edu) to register or call 301-314-7884 for more info. Event sponsored by University of Delaware and University of Maryland.
- ◆ **11/18—Herbs**-Learn how herbs can be used in the medicinal, cosmetic, and culinary fields. In this workshop, we will discuss different types of herbs, annual and perennial, and how each can be preserved. Samples of herb vinegar, herb basil oil, and infusion of petal in soap will be on display, and several recipes using herbs will be available. Lead Instructors: Bunny Ehmer and Marta Kessinger. Cost: \$15. 7:00-9:00 pm. NCC Extension Office. Call 831-2506 to register.