



4-H Youth Development Health - Code of Conduct - Photo Form



IMPORTANT – The following information must be completed for attendance!

SECTION I – HEALTH FORM

Please print

Participant's Name _____

Birth date _____ Age _____ Sex _____

Address _____

City _____ State _____ Zip Code _____

Home phone _____

Parent or guardian _____

Work phone _____

Second parent or guardian _____

Address _____ City _____ State _____

Home phone _____ Work phone _____

If not available in an emergency, notify: _____

Address: _____ City _____ State _____

Home phone _____ Work phone _____

HEALTH INSURANCE INFORMATION

Policyholder's name and relationship to participant: _____

Policyholder's address: _____

Insurance company's name and address: _____

If you have HMO insurance, please list emergency treatment authorization phone number: _____

Employer's name and address _____

All policy numbers (please identify): _____



MEDICAL TREATMENT AUTHORIZATION

Primary care physician _____

Physician's phone _____

Dentist or Ortho phone _____

Please tell us anything about your child that you feel might be helpful or necessary for us to know in order to improve his/her camping experience. (For example: stomachaches when nervous, bedwetting, sleepwalking, Tylenol works best for headaches, etc.) This will be shared confidentially with the counselor of your child.

RECENT MEDICAL HISTORY

Please check yes or no. If yes, explain (include another sheet if needed.)

YES NO

____ Has the participant had any recent surgeries or fractures?

____ Does the participant have any chronic health problems or illness, such as seizures, asthma, other?

____ Does the participant presently have an acute illness?

____ Has the participant been treated recently for any kind of medical problem?

____ Does the participant have contacts, glasses, orthodontic appliances?

____ Are the immunizations up-to-date?
Date of last tetanus: _____



List any **ALLERGIES** to Medications, Foods, Latex, or local anesthetics:

List any **MEDICATIONS** he/she is now taking for treatment of any medical problem:

Activities encouraged or limited by physician: _____

Dietary restrictions: _____

This health history is correct, to the best of my knowledge, and the person herein described has my permission to engage in all activities, except as noted.

Signature of parent, guardian or adult camper/staff member:

_____ **Date** _____

For Females:

Has this person menstruated? _____ If not, has she been told about it? _____

If so, is her menstrual history normal? _____ Special consideration _____

Authorization for Treatment: I hereby give permission to the medical personnel, selected by the activity director, to order X-rays, routine tests, treatment, permission to release any record necessary for insurance purposes, and to provide and arrange necessary related transportation for me/my child. If I cannot be reached in the event of an emergency, I hereby give my permission to the physician selected by the camp director to secure and administer treatment, including hospitalization for the person named above. This complete form may be photocopied in the event the participant will need to leave camp.

Signature of parent, guardian or adult camper/staff member:

_____ **Date:** _____

I, as the participant, understand and agree to abide by the restrictions placed on my camp activities.

Signature of minor or adult camper/staff member:

_____ **Date:** _____

*If for religious purposes you cannot sign this, the camp should be contacted for a legal waiver, which must be signed for attendance.

Health — Code of Conduct — Photo Form

SECTION I – HEALTH FORM ...continued



PERMISSION TO MEDICATE

I understand that my child may require medication for minor medical conditions. Such conditions may include headaches, sunburn, poison ivy, bug bites, upset stomach, scrapes, cuts, and/or bee bites. I understand there will be a camp nurse to handle minor health problems and medication administration, but the camp nurse will not be able to medicate my child without permission from the parent or guardian. The following over-the-counter medications may be administered to my child, as needed, following the suggested dosage guidelines **(initial all that you give permission for the camp nurse to administer.)** Medication and/or conditions not covered by your advance permission will require a phone call to you before any medication can be given, and may cause a delay in treatment.)

- _____ Tylenol / Acetaminophen for headaches, muscle aches and pains, cramps
- _____ Advil / Ibuprophen for headaches, muscle aches and pains, cramps
- _____ Maalox, Mylanta for upset stomach, stomachache, gas, nausea
- _____ Tums for stomachache, upset stomach, nausea
- _____ Imodium for diarrhea
- _____ Pepto-Bismol for nausea, diarrhea
- _____ Milk of Magnesia for constipation
- _____ Calamine, Caladryl, Insect Bite Pen for insect bites, stings, jelly fish stings
- _____ Benadryl Lotion (topical) for insect bites, stings, poison ivy
- _____ Adolf's Meat Tenderizer (enzyme deactivates the poison) for jelly fish stings
- _____ Triple Antibiotic Ointment, Hydrogen Peroxide for scrapes and cuts
- _____ Solarcaine for sunburn
- _____ Benadryl (oral) for sinus, allergies, hay fever, rashes
- _____ Sore throat spray or lozengers
- _____ Robitussin DM

I understand any prescription medications taken by my child and/or to be dispensed to my child MUST be in the original container from the pharmacy with the original label and directions attached, or I must have a copy of the prescription from the doctor, in order to be dispensed by the camp nurse. If your child takes any over the counter medicine regularly or on an as-needed basis, for example, Sudafed or Benadryl, please send the medicine with written instructions and parent signature. Failure to follow these rules will result in the parent or guardian being required to deliver these before any medications can be given.

Signature of parent or guardian: _____

Date _____



SECTION II—PHOTO IMAGE RELEASE

I authorize the University of Delaware to record and photograph my image and/or voice, or that of my child, for use by the University of Delaware or its assignees in research, educational, and promotional programs. I understand and agree that these audio, video, film and/or print images may be edited, duplicated, distributed, reproduced, broadcast and/or reformatted in any form and manner without payment of fees, in perpetuity.

Subject's name (adult or youth) _____

Signature _____ Date _____



SECTION III—DELAWARE 4-H CODE OF CONDUCT

1. Attend all sessions in the planned program. If you are not feeling well or have a schedule conflict that will keep you from attending, please tell the adult in charge.
2. Follow hours and room rules established before the event begins. You are responsible to know the rules for each event.
3. Use language and manners that will bring respect to you and Delaware 4-H. You are responsible to know which language and behavior is appropriate.
4. Be in the assigned program area (dorms, cabins, hotel room, etc.) at all times.
5. Know the use of tobacco, alcohol and non-prescription drugs is prohibited at all times and at all 4-H events.
6. Model respect for other persons in public areas. The adults in charge will help you know rules of courtesy that you will want to follow.
7. Treat program areas, lodging areas and transportation vehicles with respect and care. You will be responsible for any damage, theft, or misconduct in which you participate.
8. Help other members in your group have a pleasant experience by making every attempt to include all participants in activities.
9. Live up to your highest expectations of yourself, so you can return home proud of who you are and what you have accomplished.

Those who are unable to conduct themselves within the guidelines listed above will be expected to:

1. Explain their actions to the adults in charge;
2. Accept the consequences of their actions;
3. Know that the adults in charge will work closely with parents/guardians, Extension personnel, and others to see that action is taken, and that appropriate and logical consequences for all concerned will follow.

I have read the Delaware 4-H Code of Conduct and agree to live up to the expectations. I realize my failure to do so could result in the loss of privileges during this event and/or in the future.

Participant Signature _____ Date _____

As parents/guardian of _____

I have read the Delaware 4-H Code of Conduct and will support the adults in charge in the performance of their responsibilities to see that appropriate behavior is maintained.

Parent/Guardian Signature: _____ Date _____