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## **SEE ALSO PHOTO FILE ATTACHED**

Photo Caption: Kent County 4-H Favorite Foods Division Winners, Back Row (l to r) Liz Baker, Jessica Sullivan, Brooke Moore, Melanie Jackson, Haley Gerardi, Jeffery Sullivan and Luke Thomas; Middle Row (l to r) Kristen Schultz, Cynthia Gonzales, Trevor Maloney, Dalton Willey, Chad Dempsey, and Megan Dempsey; Front Row (l to r) Morgan Cook, Summer Thomas, Drew Harris, Erica Venezia, Ashley Hurd, Hannah Somers, and Alyssa Senato.

### **4-H Favorite Foods Winners Announced**

Recently the Kent County 4-H program conducted its annual Favorite Foods Contest at the Delaware State Fairgrounds Exhibit Hall in Harrington, DE. There were a total of 102 participants that participated in this year's contest. The contest is more than a cooking contest. Menu planning, proper nutrition, table setting, as well as, an appetizing, attractive dish, are all equally important parts of this educational activity. The judges not only sample the dishes, but interview the 4-H'ers about their dishes, menus, and place settings.

This year's winners are:

#### **Beginners:**

Appetizer – Erica Venezia, Woodside Emeralds 4-H  
Breads – Ashley Hurd, New Horizons 4-H  
Fruits & Vegetables – Drew Harris, Peach Blossom 4-H  
Meat & Main Dish – Summer Thomas, Westville 4-H  
Dessert I – Hannah Summers, Dover Clovers 4-H  
Dessert II – Alyssa Senato, Dover Clovers 4-H and  
Morgan Cook, New Horizons 4-H

Juniors:

Appetizer – Jessica Sullivan, Harrington Sunshine 4-H and  
Haley Gerardi, Harrington Sunshine 4-H  
Breads – Kristen Schulze, Houston Cardinals 4-H  
Fruits & Vegetables – Melanie Jackson, Friends of Felton 4-H  
Meat & Main Dish – Trevor Maloney, Harrington Sunshine 4-H and  
Dalton Willey, Peach Blossom  
Desserts – Chad Dempsey, New Horizons 4-H and  
Cynthia Gonzalez, Houston Cardinals 4-H

Seniors:

Appetizer – Jeffery Sullivan, Harrington Sunshine 4-H  
Breads – Luke Thomas, New Beginnings 4-H  
Fruits & Vegetables – Brooke Moore, New Horizons 4-H  
Meat & Main Dish – Liz Baker, Harrington Sunshine 4-H  
Desserts – Megan Dempsey, New Horizons 4-H

The 4-H Favorite Foods Contest is sponsored by the Delaware Cooperative Extension - University of Delaware and the Delaware 4-H Foundation. The winners received a 4-H Apron from the Delaware 4-H Foundation.

If you not already involved with the 4-H, you are invited to become part of this exciting youth educational program as member or volunteer. Call the Kent County Extension Office at 730-4000. The 4-H program is open to all persons regardless of race, color, sex, handicap, age, or national origin.