

We Love 4-H

Objective: To teach children 4-H basics and to spark enthusiasm in 4-H youth.

Materials

- Clover cookie cutters
- Sugar cookie dough
- Small rolling pins
- Green sprinkles
- Icing
- Beads (to spell "I Love 4-H")
- Key rings
- String
- 4-H Pledge cards
- 4-H Flag and American Flag
- Large roll of white paper (to make banner)
- Markers
- Scissors
- Paper cut in the shape of clovers
- Tape

10 to 15 minutes: Discuss 4-H

Teach students the 4-H pledge and the 4-H facts found below.

10 to 20 minutes: 4-H Banner

Students can make their own 4-H banner using rolled out paper and markers.

10 minutes: Clovers

Trace clover shapes onto green paper and have students cut around the edges. You may want to use clover-shaped cookie cutters to draw the clover. Let students decorate clovers using markers to show 4-H pride. Tell them to draw on the clovers what 4-H means to them, or a particular thing or activity that they like in 4-H. When students are finished, use tape to link the clovers together and hang around the room.

15 minutes: Make 4-H key chain using beads and string.



30 to 45 minutes: Cookies

Use pre-made sugar cookie dough and give a chunk to each student. Provide them with clover-shaped cookie cutters and small rolling pins to share. Bake the cookies (may want to save one of the activities to do while the cookies are in the oven).

Once baked and cooled, students can decorate their cookies with icing and sprinkles. Enjoy!

4-H Facts

- The emblem is a green four-leaf clover with white H's on each leaf. The H's stand for: head, heart, hands, and health.
- The four-leaf clover symbolizes good luck and achievement.
- Official colors are green and white. Green is nature's most common color, representing life, springtime, and youth. White symbolizes purity.
- The motto is: To make the best better.
- The slogan and mission of work is: Learn by doing.
- There are clubs in all 50 states along with programs in over 80 countries.
- 4-H was founded in 1902
- There are approximately 7 million members across America.