

4-H Health Rocks Schedule of Sessions at Eastside Charter
Elementary School Fall 2005

*10:30-11:30 a.m. Thursdays, Leader: Sorcha Wool

Thursday September 22nd- Pre-Survey, Introduction “Story of My Life”

Thursday September 29th- 1.2 “Here’s to Your Health”

Thursday October 6th- School Field Trip, No Program

Thursday October 13th- 2.1 “Counting Heads”

Thursday October 20th- 2.2 “Circle of Friends”

Thursday October 27th- 3.1 “Looking at Advertising Messages”

Thursday November 3rd- 4.1 “Improv Options Theater”

Thursday November 10th- 4.2 “True Consequences”, 4.3 “Fact or Fable”

Thursday November 17th- 5.2 “Stress in My Life”

Thursday November 24th- Thanksgiving Holiday

Thursday December 1st- 5.2 “The Chains that Bind”

Thursday December 8th- Post Survey, Cake, wrap up