

**4-H Health Rocks Schedule of Sessions at
Bayard School Fall 2005**

4:45-5:30 p.m. Mondays and Wednesdays, leaders: Sorcha Wool and Danielle Baker.

Monday November 14th- pre survey and Introduction “Story of My Life”

Wednesday November 16th- 1.2 “Here’s to Your Health”

Monday November 21st- 2.1 “Counting Heads”

Wednesday November 23rd- 2.2 “Circle of Friends”

Monday November 28th- 3.1 “Looking at Advertising Messages”

Wednesday November 30th- 4.1 “Improv Options Theater”

Monday December 5th- 4.2 True Consequences”

Wednesday December 7th- 4.3 “Fact or Fable”, 4.5 “Heart vs. Head”

Monday December 12th- 5.1 “Stress in My life”

Wednesday December 14th- 5.2 “The Chains that Bind”

Monday December 19th- Party, cake, post survey