



TAMING THE DEMONSTRATION LION

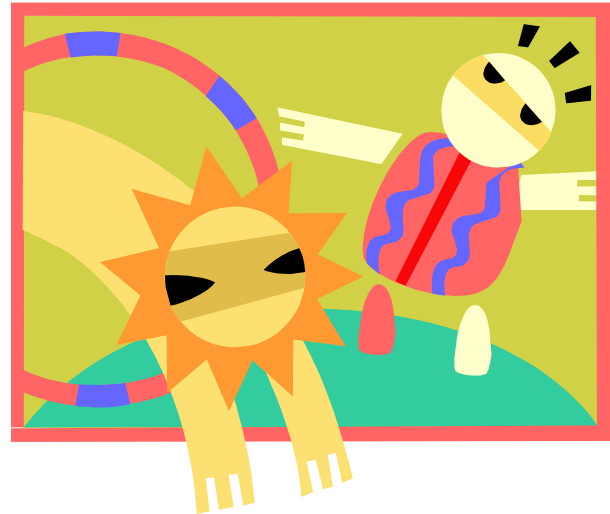


DEMONSTRATIONS

SUSSEX COUNTY 4-H

Helpful Hints for 4-H Demonstrations

Too often we let 4-H Demonstrations get the better of us and they become an uncontrollable lion that seems to swallow us alive. But they can be tamed by remembering a few helpful hints.



This Demonstration Lion Was Easily Tamed!

There are 6 easy taming rules to follow!

TAMING RULE 1 The Introduction

If someone has already introduced you; that is, told your name, club and demonstration title **DO NOT REPEAT IT!** If they haven't it is a good idea to tell your audience who

you are.

But remember, this is not considered your demonstration introduction. We all know a demonstration has 3 parts: introduction, body and summary . Your introduction should:

1. **Get the audience's attention**
2. **Tell why you are demonstrating**
3. **Say why and the audience should listen**

Taming Rule 2 The Body (The meat of your demonstration)

The **Body** of your demonstration should:

1. Show logical order
2. Combine talking and doing; that is always talk while your working if possible. Fill in with extra information relating to your demonstration
3. Show step by step procedure, but it is not necessary for you to always



complete the entire product. For example, only sew part of a seam, or only shape part of a roll dough



Repeating a question helps those in the room who may not have heard it originally.

Taming Rule 3 The Summary

Your **Summary!**
Don't forget it!

Your summary is just as important as your introduction and body and must be included. For a good summary:

1. Don't read through your posters step by step
2. Select 3 or 4 important facts to review
3. Give handouts if appropriate, especially with recipes
4. State your source of information and have copies available if possible
5. Ask for questions and restate the question before answering



Taming Rule

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Organize your workspace

Organization creates a great impression. Make sure to:

1. Keep your area clean
 - a. Work on newspaper if you are messy
 - b. Tape a paper bag to the table for trash
 - c. Always carry a damp cloth for dirty fingers and to wipe the table before and after the demonstration
2. Keep the demonstration area free of clutter. The audience needs to see what you are doing. Special note for Foods demonstrations :
 - a. Work on waxed paper or dish towel.
 - b. Use clear bowls and wooden spoons (they make less noise).
 - c. Use trays - Place to one side with all materials on it.
 - d. Show finished product. Provide

samples for judges.

- I. Clear off work area entirely.
 - II. Show product attractively, may offer serving suggestions
 - III. Keep hidden until ready to display.
 - IV. Hand out recipes.
3. Be able to handle any equipment with familiarity. Bring extension cords for electric equipment.

**ORGANIZE
YOUR
WORKSPACE!!!**

Taming Rule

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Posters & Visual Aids

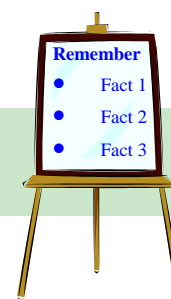
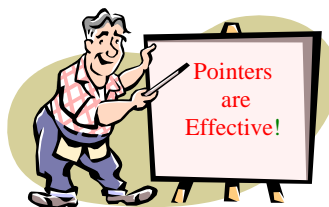
Posters are very important in your demonstration. Here are some helpful hints.

1. Use a pointer
2. When beginning your demonstration or when appropriate show a title poster; don't start with title poster showing.
3. Handle your posters from the back to the front, it's easier

4. Keep them clean and flat, don't roll them

Other types of visual aids are:

- Charts
- Flip Charts
- Flannel Boards
- Models
- Actual objects

**Posters Should be:**

- Neat
- Sturdy
- Eye Catching
- Simple
- Readable
- Colorful, but not gaudy
- Stress or explain **one** point

Posters are so important, please look at these Do's and Don'ts



POSTER DO'S	POSTER DON'TS
1. Keep posters the same size	1. Have small and large posters as part of the same demonstration
2. Use one color for letters within a word	2. Use red, yellow, blue, green or black letters all in the same word. EXAMPLE
3. Use solid letters that look like this: LOOK	3. Rather than outline letters that look like this: LOOK
4. Space your words to use the entire poster	4. Crowd them all at the top
5. Letters should be 2-3" tall	5. Use letters under 2"
6. Mix upper and lower case letters	6. Use all upper or all lower case
7. Stick with one color for all lettering	7. Use 3 or 4 colors in your poster
8. Use drawings or samples to attract attention	8. Keep it dull
9. Stick to one main idea	9. Put your entire demonstration on one poster
10. Use a minimum of 2 posters	10. Use any posters at all

Taming Rule

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Your Appearance

Keep your **appearance** neat and well groomed.

1. Dress appropriately but conservatively
2. If working with food, tie your hair back
3. Keep hair out of your face - bangs, stray ends

4. Keep the attention focused on the demonstration, not you
5. Be poised:
 - A. Speak slowly
 - B. Loudly
 - C. Enunciate clearly
 - D. Be enthusiastic

Doing a Team Demonstration? (Special handling is required)

1. Be sure the demonstration is difficult enough for two people
2. Divide the working and talking evenly
3. Dress similarly
4. Introduce yourselves so the audience knows who is who

Don't panic if something goes wrong!

Now the lion has been tamed and you are well on your way to being a **GREAT DEMONSTRATOR!**



Lions are just big kitty cats grown tall!